



## 2015 Adult Group Learn to Sail Program on Portage Lake

Five meetings, Tuesday and Wednesday evenings, from 6:30-8:30pm for three weeks (10 hours of instruction)

Session 1 – June 9, 10, 16, 17, 23

Session 2 – July 7, 8, 14, 15, 21

This class is designed for adults who are interested in learning a fun and exciting on-the-water activity. Students will learn to sail on their own on a Laser Pico that is quick and easy to rig and learn. Students will also spend time sailing with other students on a Hobie Wave, and on either an Interlake or Flying Scot. Additionally, students will be introduced to sailboat racing as they take a pontoon boat ride with their instructor to view an evening race on Portage Lake.

## **US Sailing Association Certified Instructor**

Very limited enrollment to ensure a low student to teacher ratio – Enroll Early!

COST: \$200 and includes a US Sailing textbook and several discount vouchers

Contact Portage Yacht Club, 8930 Dexter-Pinckney Road, Pinckney, 48169

Phone 734-426-4155 Email Sail@chartermi.net Fax 734-426-5532

View us on the web at www.ms-pyc.com





## 2015 Adult Group Learn to Sail Program on Portage Lake

## "Your new hobby/sport/passion..."

Five meetings, 2X per week for three weeks

Tuesday and Wednesday 6:30-8:30pm

Tuesday	Introduction to the club and our fleet.
	Swim test. Wind direction.
	Parts of the sailboat.
	Safety, basic knots, rigging a Flying Scot. Sail trim.
	Sail the Scot, tiller time for each student, tack, jibe, practice.
	Wind direction/exiting the harbor.
Wednesday	Rigging a Pico. Review parts of a sailboat.
	Sail trim. 'Irons'. Sculling.
	'Follow the leader' in the Picos.
	Capsize practice near a sandbar.
	Returning to harbor.
Tuesday	Pico practice. Sail to a mark (one race mark set early for our practice) and
	back to the club.
	Introduction/rigging the Hobie Wave.
	Alternate sailing the Picos and the wave (man overboard practice).
Wednesday	Sailing a Scot or Interlake
	Crew work
	Flying the spinnaker
Tuesday	Pico practice.
	Final hour today will be a pontoon boat ride for a live commentary on the
	race rules and procedures for the single handed race taking place.
Wednesday	Practice/sailing games/mini-race in Picos.
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Bonus!	Two half price vouchers for a one hour sailboat rental.
	One discount voucher for \$20 off a \$50 Dining Membership at PYC.
	Invitation to ride along during a multi-handed boat fun race.